

# Sufi Retreat in Mexico

January 5 – January 12, 2019

with Asha Greer and Atum O’Kane



Asha Greer and Atum O’Kane have both been Spiritual teachers for the past forty five years.

Atum is a transpersonal psychotherapist who focuses on the depth psychology of Jung, Christian and Jewish mysticisms, and story-telling. He currently conducts Spiritual Guidance trainings world-wide.

Asha teaches meditation, Zikr, and the Japanese tea ceremony. She is a founding member of the Lama Foundation.

## Come join us for a wonderful retreat on a beautiful beach

where the jungle meets the sea. The Mexico retreat provides a rare opportunity to dive deeply into spiritual practice and inquiry within a supportive community while enjoying the great beauty and serenity of the natural world. Mornings are spent in exploring Sufi teachings and other mystical traditions, meditation, dances, and discussion. Afternoons are free for swimming, hiking, boating, whale-watching, or just relaxing on the pristine beach, which is right at your doorstep. Evenings are devoted to Dances of Universal Peace and Zikr, the Sufi practice of remembrance. The oceanfront retreat is located in a fishing village an hour and a half north of Puerto Vallarta. Swimming pool, jacuzzi, and spa with hot and cold pools and steam bath are located on the premises. Delicious meals emphasize fresh local fish, fruit, vegetables, chicken, and native cuisine.

Please register early as space is limited.

For more information, please  
contact us at:  
[info@HeartTraveler.com](mailto:info@HeartTraveler.com)

Please see the next pages  
for information regarding  
fees, room descriptions,  
registration and  
transportation information

<b>Accommodations:</b>	<b>Fees per person:</b>	<b>After 10/1/2018:</b>
Basic room for two*, three or four	\$1395, \$1145, \$1045	\$1445, \$1195, \$1095
Deluxe double*	\$1475	\$1525
Deluxe double with ocean view*	\$1545	\$1595
Small single	\$1375	\$1425
Basic single	\$1575	\$1625
Deluxe single	\$1895	\$1945
Deluxe single with ocean view	\$2045	\$2095
Dorm room for young adults (Please note that we need a minimum number of people to offer this option)	\$795	\$845

**\$300 deposit required with the balance due by 11/1/2018**  
**(\$200 of the deposit is non-refundable, \$100 is refundable before 11/1)**  
**Transportation to and from camp is by pre-arranged taxis and vans**  
**For more information, please see the next page**

**\*Please note that if you are in a double and your roommate cancels, you will be required to pay for a single in the corresponding category of rooms.**

**Basic rooms for 3 or 4** are available to individuals or to groups of friends or families. One of these rooms is on the ground floor and is all on one level with a bathroom. The other rooms are on the 2nd floor and have a main level with 2 beds and a bathroom downstairs, and a loft with 2 beds. Please note that some people in your group or family, by necessity, will need to sleep in the loft. The loft is accessed by a narrow spiral staircase and is not recommended for people with mobility issues. Since we fill these rooms person by person, you may be required to be in a basic double or triple rather than a quad although this is usually not the case.

**Small single rooms** are for one person only, either with a private or shared bath depending on the room. These rooms are all jungle facing.

**Basic single and double rooms** have a private bath.

**Deluxe single and double rooms** have a private bath, an outdoor space and are on the ground floor.

**Deluxe single and double rooms with ocean view** have a private bath, balcony, and are on the 2nd, 3rd or 4th floor with a view of the ocean.

**There are very limited number of rooms in many of these categories. All rooms are available on a first-come, first-served basis.**

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 please contact us at:  
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To register, please visit  
[www.HeartTraveler.com](http://www.HeartTraveler.com) and fill out  
 the online registration form

## Transportation:

We arrange for vans and taxis to take you from the Puerto Vallarta airport to the retreat. If you prefer a less expensive, though more time-consuming option, you can take a Pacifico bus and then a short cab ride. Instructions for taking the bus are in the information packet you will receive after you register.

We recommend that participants arrive a night early and stay in Puerto Vallarta as there can be airline delays due to winter weather conditions. If you are arriving in Puerto Vallarta a day or more early, we will coordinate and group you with others.

The earliest time you may arrive at the resort on 1/5 is 3:00 PM. The resort is in a different time zone which is 1 hour earlier than Puerto Vallarta. By car, it takes approximately 1 and 1/2 hours to 2 hours to get there. If you are arriving on 1/5, please allow an hour for immigration, customs and baggage.

Below are examples of arrival times at the airport and approximate arrival times at the retreat by taxi or van:

Arrival at airport:	Approximate arrival at the retreat:
1:30	3:00 - 3:30
2:30	4:00 - 4:30
3:30	5:00 - 5:30

If you are flying on 1/5, please try to arrive at the airport no later than 4:00 PM if possible because that will get you to the retreat in time to settle in before dinner and attend the evening meeting.

Here are the approximate rates per person (one-way) according to the number of people sharing one vehicle (we will let you know if there are any minor rate changes closer to the time of the retreat):

- 8-10= \$20 each
- 7= \$22 each
- 6= \$25 each
- 5= \$30 each
- 4= \$35 each
- 3= \$40 each
- 2= \$50 each
- 1= \$100 each